Alternate Remedies for Depression Based on the Principles of Red Book Astrology

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Editorial

Astrology has numerous valuable applications and one of such branch is Medical Astrology. It can play a major role in identification and diagnosis of health problems of a patient based on his horoscope provided the concept, analysis and approach is scientific. Horoscope depends upon birth details of a person that defines his life and health problems based on the chemistry of the planets. These health problem are depicted by misplacement of planets or placement of planets in unfriendly signs.

Red Book Astrology is the most scientific form of occult science. It believes in finding the remedy for the problems that works faster and effectively, if performed rationally and specifically for the regular period on the relevant day and time. The twelve houses of the horoscope have physical significance. So, by repeatedly placing the objected related to a planet at a specified location on its specific day and time, starts casting its effect accordingly [1].

Depression is a common problem prevalent throughout the world. Moon determines the mental stability. Affliction of the Moon by Mars, Ketu, Mercury, Rahu and Saturn in the horoscope of an individual leads to anxiety, stress, mental disorder, hallucination, acute depression, suicidal tendency, insomnia, psychological disorders etc. depending on the ruling period of the planet, placement of the planets and conjugative effect of planets.

The effect is pronounced in full moon and no moon night. Even the drug regime needs to be designed wisely and safely as it has other side and adverse effects. Sometimes, it is hard to get the fruitful results by medication. There are many possibilities to explore the alternate scientific remedies to recover depression by using the principles of Red Book Astrology.

There are two possible ways to deal the depression patients firstly, to improve the status of the moon of the patient. Secondly, by deactivating and departing the conjugative effect of the planets casting its malefic influence on moon by sustained remedy to nullify the bad effect. The remedies have to be selected keeping in view the main birth chart and the annual horoscope. I wish more astro-scientists take up the research to find better remedies for depression [1-3].

References