



On the Synthesis of DGB-GAP Neo-Freudian, Neo-Psychoanalysis (NFNP) - and Neurology

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Essay

Good Day Ladies and Gentlemen,

In a day when 'Freudians' and 'Neo-Freudians' seem to be a dying breed, I am here to revitalize Freud and Freudian theory - albeit in an often highly unusual, unorthodox - and unique way. The paradigm I operate within is called 'DGB Neo-Psychoanalysis' which is short for the name you see in the title above. DGB-NP is an offshoot of a network of blogging websites I used to write within under the name of 'Hegel's Hotel'. I wrote almost a thousand papers under this domain - mainly philosophical papers that used the Hegelian dialectical integration formula of: 1. thesis; 2. anti- or counter-thesis; and 3. integration or synthesis. Gradually over time, as I became more and more interested with psychoanalysis in the early 2000s, I changed the name of this blog site to 'Freud's Hotel'. This might have even been post-2010.

Let me backtrack a little. In 1979, I wrote my Honours Thesis for Dr. Donald Meichenbaum on General Semantics, Cognitive Behavior Therapy and Humanistic Existentialism. In 1980 and 1981, I spent two years studying at The Adlerian Institute of Ontario. I was privileged to hear Dr. Harold Mosak speak. At another conference, I heard Dr. Albert Ellis speak. Between 1979 and 1991, I was privileged to work with two of the former Directors of The Gestalt Institute of Toronto Dr. Jorge Rosner who met and worked off and on with Dr. Fritz Perls starting in 1966 until Perls died on March 14th, 1970 in Chicago where Perls was teaching a Virginia Satir group, of which Rosner was a part of. (Rosner was also Perls' private chauffeur in Chicago before his death.) Joanne Greenham was the second Director at The Gestalt Institute in Toronto that I worked with up until about 1991. Joanne died on Feb. 14th, 2014. This is how I derived the name 'GAP' -- Gestalt-Adlerian-Psychoanalysis'. The DGB stands for the initials of my name

but it also stands for 'Dialectical-Gap-Bridging' to represent the Hegelian dialectical influence on my work.

In 2010, I interviewed online the former Projects Director of The Freud Archives -- Dr. Jeffrey Masson -- he of the infamous 'Seduction Theory Scandal' of 1980-81 in which he lost his post as The Projects Director of The Freud Archives for challenging 'Freud's moral integrity' around the abandonment/suppression of what now some or many would deem as Freud's 'politically incorrect' theory of hysteria being caused by childhood sexual abuse (his seduction theory). Masson believed that Freud's 'Pre-Classical' (Reality-Memory-Trauma-Seduction) theories were better than his later than his 'Classical' (biological instinct, fantasy, impulse-drive, childhood sexuality, Oedipal) theories. I said to Dr. Masson that I was going to integrate the two sets of theories that most thought were 'incompatible' with each other. Dr. Masson wished me good luck, said that he didn't think it would work, said that the Psychoanalytic Establishment should keep an eye on my work -- but that they wouldn't -- because I was an 'outsider'. That was back in March, 2010 -- today is May 2017, a little more than 7 years later -- 200 essays under my belt and feeling pretty good about where I am right now in terms of what has been a rather massive integration process -- not only between Pre-Classical and Classical Freudian Psychoanalysis but between Freudian Psychoanalysis and Object Relations, Psychoanalysis and Adlerian Psychology, Psychoanalysis and Gestalt Therapy, Psychoanalysis and Cognitive-Emotional-Behavior Therapy, and DGB-GAP-NP and Transactional Analysis.

Last on the list is where it all started from with Freud -- Psychoanalysis and Neurology -- combined with all the other integrations I mentioned above. Where do I start? Much of my work has been spent on 'reworking and re-building; Freud's Oedipal Complex Theory such that it integrates inside of it (in Hegelian dia-

lectic fashion) Freud's earlier reality-memory, trauma, seduction theories underlying Freud's 'Oedipal Fantasy, childhood sexuality, and impulse-drive' ideas. This involved a serious network of integrations that has turned Freud's 'Oedipal Fantasy Theory' -- in the case of the young boy wanting an 'erotic attachment' with the mother and 'eliminating dad -- the little boy's chief rival' in the process. This is a very one-sided view of the Oedipal Complex and contains some serious Freudian flaws such as: 'father-son attachment wishes', 'mother-son detachment wishes' -- not to mention Freud's often criticized 'pansexuality', Victorianism, Patriarchalism, sexism, reductionism, -- and I will add his 'pan-Fantasyism'. The Oedipal Complex as I see it is a much more complicated concept and theory than the 'stereotyped' one that Freud focused on -- and is generally remembered for.

Thus, I originally created -- with indirect help from both Masson and Ferenczi -- the 'Bipolar (Trauma-Fantasy) Oedipal Complex' which turned into 'The Multi-Bipolar Oedipal Complex' which turned into the 'Quantum-Entanglement-Disentanglement' (QED) Oedipal Complex which turned into the 'MOLD' -- Master Oedipal-Lifestyle-Deathstyle -- Complex' -- all of these names I have partly kept -- until my most recent set of papers in which I moved one step further to 'The MOLD Complex Templates' which I viewed as the number one 'Id-Ego-Oedipal Vault or Container' in the 'Mind-Psyche-Brain'. Let me remind you that once we enter into the domain or paradigm of 'the brain' -- well, that is neurology, not psychoanalysis anymore. Psychoanalysis deals with the "Mind-Self" part of the equation.

Can the two paradigms -- Psychoanalysis and Neurology -- be co-related and integratively connected? Freud tried very ambitiously and masterfully to connect the two paradigms back in his unpublished (until 1950) paper of 1895 called, 'Project for a Scientific Psychology'. I refer to it -- as do others -- as 'The Project'. It appears in the first volume of The Standard Edition of Freud's Complete Psychological Works'. In combination with Freud's 1894, 'The Neuro-Psychoses of Defense' these two papers could -- and still can -- be viewed as Freud's finest work -- and absolutely the basement foundation of ALL psychoanalysis -- maybe all clinical psychology and psychotherapy put together. And yet I had a psychologist comment on one of my papers not too long ago -- 'Freud's theories have been debunked' (why do you bother?). I gave her a serious piece of my mind on my counter-comments. I asked her if she had even read an original Freud paper. She couldn't answer me. So what entitles you to say such a bled**** comment? Because you have read someone else's equally bled*** editorial comments? That was the last I heard from her.

The Project is based on what Strachey called Freud's 'Fundamental Hypothesis' of 1894, 'The Neuro-Psychoses of Defense', Vol. 3, Standard Edition. At the end of the 'NPD', Freud stated this:

'I should like, finally, to dwell for a moment on the work-

ing hypothesis which I have made use of in this exposition of the neuroses of defense. I refer to the concept that in mental functions something is to be distinguished -- a quota of affect or sum of excitation -- which possesses all the characteristics of a quantity (though we have no means of measuring it), which is capable of increase, diminution, displacement and discharge, and which is spread over the memory-traces of ideas somewhat as an electric charge is spread over the surface of a body.

This hypothesis which, incidentally, already underlies our theory of 'abreaction' in our 'Preliminary Communication' (1893a, with Breuer), can be applied in the same sense as physicists apply the hypothesis of a flow of electric fluid. It is provisionally justified by its utility in co-ordinating and explaining a great variety of psychical states.'

(Sigmund Freud) Vienna, end of January 1894.

Freud wrote a great number of creatively brilliant essays over the course of his professional psychology and psychoanalytic career. To be sure, many of his ideas have become viewed as outdated, pansexual, reductionistic, patriarchal, Victorian, sexist, outrageous, unempirical....that is a pretty good cross-section of criticisms that have been launched against his work. (And I have launched many of them, myself.) However, two things: one, 'you don't throw the proverbial baby out with the bathwater' -- and there was far too much creative brilliance in his thought pattern that is still functional and meaningful today -- for anyone to say that Freud's ideas have been 'debunked'. If you want to cause a 'rhetorical riot' -- just throw that word at me in relation to Freud. Secondly, regarding the paragraph above, it doesn't get any better than that in terms of an overall two paragraph synopsis of what psychoanalysis -- and DGB Neo-Psychoanalysis -- studies.

Now, I have created a huge Freudian Revisionism of his Complete Psychological Works (Strachey's S.E.) that people -- academics, scholars, psychologists, professionals, laypersons -- may or may not like. However, it accomplishes many of the goals that I wanted to achieve in my adult lifetime -- even though it has taken me almost 40 years of research to get here. My Honours Thesis took me about a summer to write based on about 7 years of psychological study from 1972 to 1979 (including two years of high school). At the end of writing that paper, I said to myself: 'I have to find out more about the underlying 'cognitive-emotional-behavioral templates' that influence conscious thought, feeling, and decision-making.'

Little did I know that that investigation would take me through Gestalt Therapy, Adlerian Psychology, Transactional Analysis -- and finally the daddy of all psychotherapies except perhaps Behaviorism -- i.e., Psychoanalysis. And we see in the paragraph above Freud's attempt to compare psychoanalysis with physics -- and an 'electrical current'. One step further takes us to 'neuro-transmission'. We can still ask the question: 'How does an electrical current -- and/or a 'neurotransmission' -- become a

‘thought’, a ‘feeling’, an ‘impulse-drive’, a ‘behavior’/ And/or visa versa -- a ‘dialectical exchange’?

This is the territory that I am entering now myself. It is an exciting ‘hybrid’ field -- and an another exciting hybrid project in terms of what I want to do. What it involves, firstly and fore-mostly, is a partial ‘re-definition’ of ‘the id’ and ‘The Oedipal Complex’ as partly alluded to above. The key to making the integration between psychoanalysis and neurology is to follow the most recent developments in neuroscience -- particularly the studies that link Object Relations Attachment and Trauma Theory with ‘The Limbic System of the brain -- because, metaphysically speaking, and for the purposes of my work, that is where I put the ‘Trauma-Fantasy Oedipal Complex Templates’ as well as early childhood ‘id-ego activity’ that created these templates out of their personal experience and social learning. Once we have made the ‘Id-Ego-Oedipal Complex-Limbic System’ connection -- psychoanalysis and brain anatomy and neuro-functioning become significantly linked.

Freud defined the ‘id’ as being like a ‘container’ or a ‘reservoir’. The id carried the life and death instincts within it. And the id was completely unconscious. These ideas were post-1920

(Beyond The Pleasure Principle, 1920, S.E. Vol. 18) and post-1923 (The Ego and The Id, 1923, Vol. 19). I take fundamental issue with 2 of these 3 claims -- the first that the id is like a ‘reservoir’ -- I have a different term for this -- an ‘id-vault’. My assertion or perspective is that ‘The Master Oedipal Complex Template’ is the largest id-vault in the personality or psyche -- and in this regard -- the most important CEIDB Template in the psyche -- or ‘Mind-Brain-Self-System MBSS’.

CEIDB stands for Cognitive-Emotional-Impulsive-Drive-Behavioral.

The id is nothing if it is not impulsive -- as well as primal-narcissistic-often uncivil, uncultured, uncontrolled, a product of our more or less ‘caveman’ or ‘cavewomen’ heritage. You may have heard of the ‘Paleo-Diet’ -- now you are hearing about the ‘Paleo Id-Oedipal-Complex-Limbic MBS System that has a profound influence on character structure, personalty theory, ‘neurotic and/or pathological symptom formation’ -- and ‘The Splitting of The Ego into Ego-States in the Process of Learning, Specialization -- and Compensatory Defense. And that is where I will leave you today.

Have a great evening!