



## Role of miR\_155a and miR\_181a in Chronic Lymphocytic Leukemia

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### Abstract

**Objective:** We aim to investigate potential of miRNA155a and miRNA 181a in diagnosis of Chronic Lymphocytic Leukemia (CLL).

**Methods:** The study was done on 80 CLL patients, we have investigated that the expression levels of two miR-RNAs “miR-181a & miR-155a” using quantitative PCR.

**Results:** We found high miRNA155a expression and low miRNA181a expression in CLL patients. Cut-off expression levels of miR155 at 19.5 showed 85% sensitivity and 100% specificity. While cut-off expression levels of miR181 at 10.8 showed 75% sensitivity and 80% specificity. High expression of miRNA155a was significantly correlated to low hemoglobin levels and higher total leukocyte count. Low expression of miRNA181a was significantly correlated to high hemoglobin levels and lower total leukocyte count. Conclusion: miRNA 155a could have a role in CLL pathogenesis and progression while miRNA 181a may have a role in suppression of malignant cells. Both have the potential to be used as a diagnostic biomarker.

**Keywords:** Chronic Lymphocytic Leukemia; miRNA155a; miRNA181a

### Introduction

Chronic Lymphoblastic Leukemia (CLL) is the most common form of adult leukemia. It accounts for 25 to 30 percent of all leukemia's in the United States [1]. According to Surveillance, Epidemiology and End Results program (SEER) in 2018, CLL new cases in United States were 20,940 accounting for 1.2% of all new cancer cases, while deaths from CLL were 4,510 accounting for 0.7% of all cancer deaths [2]. CLL is a B Cell Neoplasm. The accumulating malignant cells in CLL are the same in Small Lymphoblastic Lymphoma (SLL). If the disease is primarily in the blood it's termed CLL, if primarily nodal it's termed SLL.

CLL is considered a disease of elderly. The median age at diagnosis is 72 and only 10% of patients are 40 years old or younger

[3]. Several staging systems were proposed to classify the disease prognosis. Rai and binet staging systems are the ones preferred by most physicians [4,5].

The Rai staging system considers the concept of gradual increase in the body burden of leukemic lymphocytes as an indicator of the disease prognosis. Accumulation of leukemic lymphocytes starts in the blood causing lymphocytosis (stage 0), then lymphadenopathy (stage 2) and hepatosplenomegaly (stage 3). Eventually leukemic cells infiltrate the bone marrow leading to anemia (stage 4) and thrombocytopenia (stage 5) [3]. Whereas The binet staging system takes the five main involvement sites into consideration, which are cervical, Axillary and inguinal lymph nodes, spleen and liver. Patients are classified according to the number of affected sites and the presence of anemia or thrombocytopenia. [5].

The pathogenesis of CLL is still not clearly understood but its thought that nearly all cases of CLL are preceded by a prema-

lignant condition called Monoclonal B cell lymphocytosis (MBL). MBL with CLL phenotype is present in 5 -15 % of population above the age of 60 and have a rate of nearly 1% progression to CLL / SLL [6,7]. the pathogenesis of MBL appears to be multifactorial and related to abnormal response to antigenic stimulation. Progression of MBL to CLL/SLL in a minority of patients seems to be related to chromosomal abnormalities like deletions (13q14), (11q), (17q), and Trisomy 12 [8-10].

Molecular Genetic abnormalities were also identified in patients with or without chromosomal abnormalities including cell cycle control genes like TP53, Notch signaling genes and inflammatory pathway genes [11-13]. MicroRNAs (miRNAs) are small non-coding RNAs of nearly 22 Nucleotides. They have a role in post-transcriptional repression by silencing mRNAs of Protein coding genes. miRNAs are involved in cellular metabolism, apoptosis and cancer formation [14-28].

miRNAs are generally integrated in the function of every living cell, they show important roles in normal hematopoiesis [14].

miRNA 155a and 181a are two miRNAs of special concern and relation to the development of leukemia's and lymphomas [15-26] but their role in CLL is yet to be established. miRNA 155 normally controls B and T Cell Differentiation and controls germinal center reaction, whereas miRNA 181 normally blocks differentiation of human progenitor cells [16]. We aim to evaluate the diagnostic and prognostic value of miR-155a and miR-181a in chronic lymphocytic leukemia.

## Results

### Demographics and Clinopathological Characteristics

The mean age for all participants was 50±12.4 years. Mean age of CLL group and Control group was 58.1±12.4 and 56.3±17.1 respectively. 65% of our patients were males, 35% were females. Patients with hemoglobin level ≤ 10 g/dl were 38 (47.5%). Patients with TLC > 50.000 were 52 (65%). Patients with platelet count ≤ 100.000 were 32 (40%). 62.5% of patients had a cytogenetic abnormality; 20 patients had del13q, 16 had trisomy12, 8 had del11q and 6 had del17p (Table 1).

**Table 1:** Demographic data of the studied group

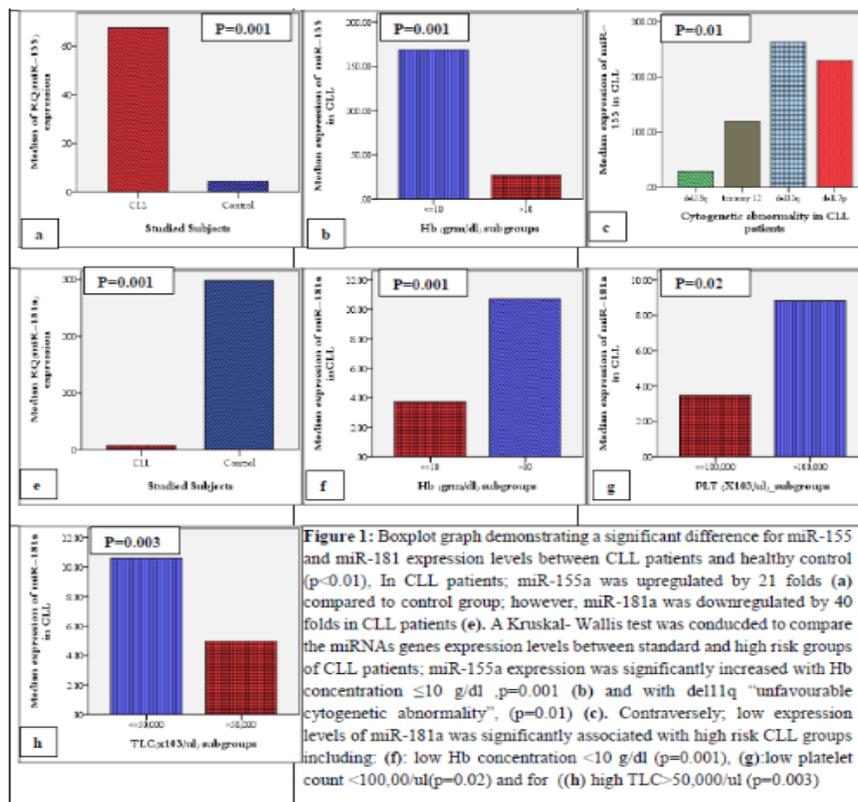
Parameter	Subgroup	N	Statistics	
Age (years)	ALL	100	mean±SD	50±13.2
			Range	24 - 83
	CLL	80	mean±SD	58.1±12.4
			Range	34 – 83
	Control	20	mean±SD	56.3±17.1
			Range	28 – 80
Age subgroups	≤50	22	N (%)	22 (28%)
	>50	58	N (%)	58 (72%)
Gender	Male	52	N (%)	52 (65%)
	Female	28	N (%)	28 (35%)
Hemoglobin (grm/dl)	CLL	80	mean±SD	9.8±2.5
			Range	2.3 – 14.0
Hemoglobin subgroups	≤10	38	N (%)	38 (47.5%)
	>10	42	N (%)	42 (52.5%)
TLC (x10 <sup>3</sup> /L)	CLL	80	Median (Q <sub>1</sub> -Q <sub>2</sub> )	65.8 (38.5 – 159.8)
			Range	14.6 – 364.0
TLC subgroups	≤50,000	28	N (%)	28 (35%)
	>50,000	52	N (%)	52(65%)

<b>Platelet count (x10<sup>6</sup>/L)</b>	CLL	80	Median (Q <sub>1</sub> -Q <sub>2</sub> )	155.5(91.7 – 213.5)
			Range	29.0 - 421
<b>Platelet subgroups</b>	≤100,000	32	N (%)	32 (40%)
	>100,000	48	N (%)	48 (60%)
<b>Cytogenetic abnormality</b>	No	30	N (%)	15 (37.5%)
	Yes	50	N (%)	25 (62.5%)
<b>Cytogenetic abnormality type</b>	del13q	20	N (%)	20 (40%)
	Trisomy12	16	N (%)	16 (32%)
	del11q	8		8 (16%)
	del17p	6		6 (12%)

(Q<sub>1</sub>-Q<sub>2</sub>): 25<sup>th</sup> percentile-75<sup>th</sup> percentile

### miRNA155a and miR-181a Expressions in CLL patients

miR155a median expression levels in the CLL group was significantly higher (67.6) than the control group (3.5) (p =0.001). Patients with hemoglobin level ≤ 10 g/dl had higher miR155a expression (169) than patients with hemoglobin level > 10 g/dl (27) (p=0.001) (Table 2, Figure 1). Regarding the expression of miR181a; it was found that the median expression levels in the CLL group was significantly lower (7.4) than the control group (298.2) (p =0.001). Patients with hemoglobin level ≤ 10 g/dl had lower miR181a expression (3.7) than patients with hemoglobin level > 10 g/dl (10.7). (p =0.001). Patients with TLC > 50.000 had lower miR-181a expression [5] than patients with TLC ≤ 50,000 (10.6) (p =0.003). Patients with platelet count ≤100,000 had lower miR181a expression (3.5) than patients with platelet count >100,000 (p =0.02) (Table 3, Figure 1).



**Table 2:** Comparative analysis for expression of miR-155a among different CLL-risk subgroups

Group	Subgroup	Median (Q <sub>1</sub> -Q <sub>2</sub> )	Range	X <sup>2</sup>	P value
Subjects	CLL	67.6 (25.7-162.2)	14.1 – 714	23.5	0.001
	Control	3.5 (2.3 – 4.7)	0.8 – 3.5		
Age (years)	≤50	147 (34 – 222.2)	16.3 – 621.7	2.2	0.1
	>50	55.7 (25.6-122.8)	14.1 – 714.1		
Gender	Male	77.4 (20 – 150)	14.0 – 461.2	0.13	0.7
	Female	56.5 (26 – 185)	19.0 – 714.0		
Hemoglobin subgroups	≤10	169 (118 – 223)	19.6 - 714	23.1	0.001
	>10	27 (19 – 41)	14.0 - 110		
TLC subgroups	≤50,000	31.3 (19.6 – 92)	14.0 – 229	2.7	0.1
	>50,000	111 (27 – 203)	15 – 714		
Platelet subgroups	≤100,000	177 (63 – 215)	16.5 -461	3.2	0.07
	>100,000	46.3 (26 – 113)	14.0 - 714		
Cytogenetic abnormality	No	41.0 (26 – 92)	14.0 – 622	1.9	0.2
	Yes	94.4 (28 – 184)	15.0 - 714		
Cytogenetic abnormality type	del13q	28 (19 – 94)	15 - 185	4.5*	0.01
	Trisomy12	119 (9.8 - 162)	19.6 – 215		
	del11q	263 (169 -385)	123 – 461		

\*: F value (ANOVA), X<sup>2</sup>: Chi-Square (Kruskal-Wallis).

**Table 3:** Comparative analysis for expression of miR-181a among different CLL-risk subgroups

Group	Subgroup	Median (Q <sub>1</sub> -Q <sub>2</sub> )	Range	X <sup>2</sup>	P value
Subjects	CLL	7.4 (4.1 – 10.8)	0.4 – 29.8	25.6	0.001
	Control	298.2 (254 – 336)	241 – 343		
Age (years)	≤50	4.8 (4.1-10.5)	1.1 – 12.5	0.7	0.4
	>50	8.1 (4.4-11.9)	0.4 – 29.9		
Gender	Male	7.4 (4.4-10.9)	0.4 – 30.0	0.1	0.7
	Female	7.3 (1.6 – 10.7)	0.95 – 20.4		
Hemoglobin subgroups	≤10	3.7 (1.3 – 6.6)	0.4 – 10.5	21.3	0.001
	>10	10.7 (8.2 – 14.6)	4.8 – 30.0		
TLC subgroups	≤50,000	10.6 (8.1 – 13.2)	3.7 – 30.0	8.8	0.003
	>50,000	5.0 (1.7 – 9.4)	0.4 – 23.0		
Platelet subgroups	≤100,000	3.5 (1.5 – 6.9)	0.6 – 14.6	5.6	0.02
	>100,000	8.8 (5.1 -12.0)	0.4 – 30.0		

Cytogenetic abnormality	No	9.4 (6.9 – 10.8)	0.7 – 29.8	1.8	0.18
	Yes	6.2 (2.7 -10.5)	0.4 -22.6		
Cytogenetic abnormality type	del13q	8.5 (5.1 -20.3)	1.5 – 22.6	2.2*	0.12
	Trisomy12	7.2 (3.2 -9.6)	0.6 – 12.0		
	del11q	2.6 (1.4 -3.7)	0.4 – 4.7		
	del17p	3.7 (2.4 -9.2)	0.9 -14.6		

\*: F value (ANOVA), X<sup>2</sup>: Chi-Square (Kruskal-Wallis).

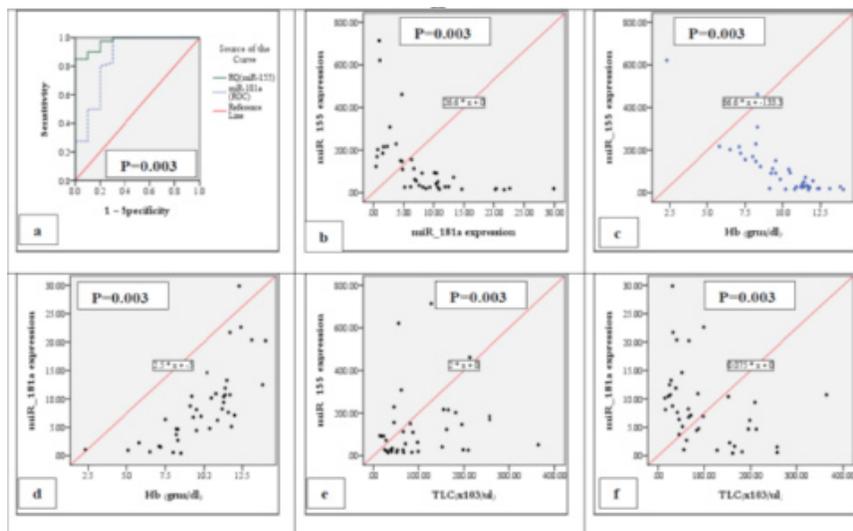
### Diagnostic Performance of miR-155a and miR-181a in CLL

Cut-off expression levels of miR155 at 19.5 showed 85% sensitivity and 100% specificity. While cut-off expression levels of miR181 at 10.8 showed 75% sensitivity and 80% specificity (Table 4, Figure 2). Correlation between miR-155a, miR-181a and hematological parameters in CLL patients.

**Table 4:** Diagnostic performance of miR-155 and miR-181a in CLL patients

Parameter	Cut-off	AUC	Sensitivity (%)	Specificity (%)
miR-155 (log <sup>10</sup> )	19.5	0.97	85	100
miR-181 (log <sup>10</sup> )	10.8	0.93	75	80

AUC: area under the curve



**Figure 2.** (a) Receiver operating characteristics curve (ROC) illustrated the diagnostic performance of miR-155a and miR-181a in CLL patients. miR-155a gene expression shows 85% sensitivity and 100% specificity; however, the sensitivity and specificity of miR-181a are 75% and 80% specificity, respectively. A Spearman's correlation analysis was conducted; a strong negative correlation was observed between miR-155a and miR-181a in CLL patients (fig b) ( $r=-0.8, p=0.003$ ), a strong negative correlation was found between miR-155a, miR-181a and Hb concentration g/dl ( $r=-0.8, p=0.001$ ) (Fig c,d). The TLC ( $\times 10^3$  /ul) showed a strong significant correlation (e) with miR-181a ( $r=-0.5, p=0.001$ ), while a moderate significant correlation was found with miR-155a gene expression in CLL patients (f).

Expression of miR-155 had a significant negative correlation with hemoglobin levels ( $P=0.001$ ) and a significant positive correlation with TLC ( $P=0.03$ ). Expression of miR-181a had a significant positive correlation with hemoglobin levels ( $P=0.001$ ) and a significant negative correlation with TLC ( $P=0.001$ ) (Table 5 Figure 2).

**Table 5:** Correlation between expression levels of measured miRNA and hematological parameters in CLL patients

Parameter	miR-155 ( $\log^{10}$ )			miR-181a ( $\log^{10}$ )		
	r	P value	Sig	r	P value	sig
<b>Hb (grm/dl)</b>	-0.8	0.001	HS	-0.8	0.001	HS
<b>TLC (<math>\times 10^3</math>/ul)</b>	0.3	0.03	S	-0.5	0.001	HS
<b>Plat (<math>\times 10^6</math>/ul)</b>	-0.1	0.36	NS	0.2	0.13	NS
<b>miR-181a (<math>\log^{10}</math>)</b>	-0.8	0.001	HS	-----	-----	-----

r: correlation coefficient

## Methods

The present study was conducted on 100 subjects; they represent two groups; 80 patients were diagnosed as Chronic Lymphocytic Leukemia (CLL) and twenty healthy individuals as a control group. The CLL patients attended at hematology department; Ain Shams University Hospitals; Cairo, Egypt from January 2015 till May 2018. The diagnosis of CLL was based on Complete Blood Counts (CBC), PB and bone marrow films morphological examination, immunophenotyping, cytogenetic and molecular analysis. The CLL patients were categorized according to the risk factors into standard and high risk groups; the considered parameters for grouping includes patient's age, gender, Total Leucocyte Counts (TLC); hemoglobin concentration; platelet counts and detection of minimal residual disease after induction therapy. Assessment of Minimal Residual Disease (MRD) was performed using a lineage-specific monoclonal panel: for B-and T- cell lineage. MRD was considered positive when immature cells exceeded 0.01% of all marrow nucleated cells after induction chemotherapy. A Peripheral Blood (PB) samples were collected in K2 EDTA vacutainers from all subjects after taking the patients approval; a written consent was signed from each subjects in accordance with the declaration of Heliniski. The Clinic pathological features are presented in Table 1.

### miRNA Extraction and Purification

miRNA was extracted from PB Mononuclear Cells (MNCs) that it is isolated by ficoll hypaque density gradient centrifugation using a miRNeasy Mini Kit (Qiagen, Hilden, Germany). The RNA concentration and integrity was assessed spectrophotometrically at 260 and 280 nm. The extracted and purified miRNAs was reverse transcribed into cDNA using miScript II RT Kit (Qiagen, Hilden, Germany) according to the manufacturer's protocol.

### miRNA-155 and miR-181 Expression Analysis

The expression levels of miR-155a and miR-181a was measured in PB samples using the SYBR-green fluorescent-based

primer assay (Hs-miR-155; cat no: MS00031486 and Hs-miR-181a; Cat no: MS0008827); the small nucleolar RNA, C/D box 48 (SNORD48), (NCBI RefSeq: NR\_002745.1) as a reference gene. The PCR amplification was performed on the 5-plex Rotor-Gene PCR System using miScript SYBR Green PCR Kit and the (Qiagen, Hilden, Germany). The thermal protocol was adjusted according to manufacture instructions as follows: 15 min for DNA Taq Polymerase activation at 95<sup>o</sup>c followed by three cycling steps by 40 cycles; each cycle consist of: denaturation at 94<sup>o</sup>c for 15 minutes, primer annealing at 55<sup>o</sup>c and extension at 70<sup>o</sup>c for 30 sec), the. At the extension step; the fluorescence data was collected. The gene expression was calculated using the 2 $\Delta\Delta$ Ct method; the housekeeper gene "SNORD48" was used as an endogenous reference control for normalization purposes. Validation of gene amplification efficiencies of the miRNAs targets was assessed by a validation experiment; a serial dilutions of a control cDNA was used as a template. Accordingly; the linear increases of miRNAs and the reference gene calibration curves highlight the 106.3% and 104.2% amplification efficiencies, respectively, as well as the absence of PCR inhibition by the template.

### Statistical Analysis

Statistical analysis was performed using SPSS v.23 (Chicago, IL, USA). The expression levels of miRNAs are compared between CLL patients and healthy controls as well as between standard and high risk CLL subgroups using the non-parametric Mann-Whitney U test. In addition, the Receiver Operating Curve (ROC) was conducted to assess the diagnostic and prognostic potential of miR-155 and miR-181a in CLL. Spearman's correlation analysis was used to find out the relation between miRNAs expression and different hematological parameters. Significance was set at  $\leq 0.05$ .

## Discussion

MicroRNAs are valuable indicators for predicting the clinical behavior of Chronic Lymphocytic Leukemia (CLL). Structur-

ally, miRNAs are short (19- to 25-nucleotide) RNAs that target messenger mRNA and regulate the expression of protein-coding genes. We found that miRNA155a expression were significantly upregulated and miRNA 181a significantly downregulated in CLL patients. Both miRNA 155a and 181a demonstrated high sensitivity (85% and 75% respectively) and specificity (100% and 80% respectively) at certain cut-off values for diagnosis of CLL. miRNA 155a was significantly correlated to unfavorable disease outcome such as lower hemoglobin levels and higher total Leukocyte Count (TLC), while miRNA 181a was correlated to favorable outcomes such as higher hemoglobin levels and lower total leucocyte count.

In a recent study, found that miRNA155a was highly expressed in peripheral blood mononuclear cells of 88 patients diagnosed with CLL. In these patients, miRNA155a was correlated to lower overall survival rate [17]. Similarly, in a meta-analysis of 11 studies found poor overall survival outcome in patients with high miRNA155a expression and concluded that miRNA 155a was a promising prognostic biomarker in this patient population [18]. In our study, measurement of levels of miRNA155a in the CLL group was significantly higher than the control group.

In addition, miRNA155a expression coincided with high TLC and low hemoglobin. Correlation analysis between the marker and hematological parameters was significant. This was consistent with other studies which reported worse prognosis in patients with high levels of miRNA155a expression [19,20]. A study by [20] showed that miRNA155a was able to increase granulocyte/monocyte expansion in bone marrow of mice with pathological features resembling myeloid metaplasia [20]. Some studies suggested that the JAK/STAT3 pathway-implicated in CLL pathogenesis- were linked to upregulation of miR155a expression in CLL cells [21,22]. It was also found that the miR-155a expression was upregulated in peripheral blood mononuclear cells in CLL patients. They also demonstrated a link between miRNA155a and IL-9 which induces the JAK-STAT3 pathway creating a positive feedback loop that can be an important mechanism of CLL progression and aggressiveness [23].

Conversely, we found miRNA181 expression levels to be lower in the CLL group compared to our Control group. This has been confirmed by some previous studies; [21] showed miRNA181a to be downregulated in CLL [24,27], and lower expression levels of this marker were linked to high disease aggressiveness. This could be due to the fact that miRNA181a affects the P53 system-the most important prognostic indicator of CLL- and improving sensitivity of malignant cells to chemotherapy and subsequently increasing the rate of apoptosis [25]. This is probably the reason miRNA18a were correlated significantly to higher hemoglobin levels and lower TLC in the CLL group.

Whether use of these miRNAs in diagnosing or predicting outcomes of CLL is still a matter of investigation. Recent reports were in agreement with our results, miRNA155a and miRNA 181a could play a crucial role in diagnosing malignancy and in predict-

ing its prognosis [26]. We used a cut off level at which miRNA 155a offered 85% sensitivity in diagnosing CLL. miRNA 181a showed lower sensitivity at 75%. Specificity of both biomarkers were high (100% and 80% respectively).

In Conclusion, levels of both miRNA155a and 181a were significantly correlated to hematological parameters of malignancy. MiRNA155a appeared to be involved in progression and unfavorable outcome while miRNA18a appeared to be protective against progression. Both markers were sensitive and specific for diagnosis of the diseases.

## Conclusion

miRNA 155a could have a role in CLL pathogenesis and progression while miRNA 181a may have a role in suppression of malignant cells. Both have the potential to be used as a diagnostic biomarker.

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## Conflict of Interest

The authors declare no conflict of interest.

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